



Love

IS IN THE AIR AT PARADISE!

The physicians and staff of Paradise Medspa and Wellness would like to share the love with you this month! This February we are not only celebrating the opening of our new office, Norterra Family Medicine, but we are celebrating our **1st Anniversary!**

We would like to thank all of our loyal patients for making our business a success; we sincerely appreciate your patronage and referrals and will reward you with our on-going specials and referral bonuses as often as possible.

Thank You

OFFICE HOURS:

Tuesday
9am - 6pm

Wednesday
10am - 7pm

Thursday
10am - 7pm

Friday
9am - 6pm

Saturday
10am - 2pm

Sunday & Monday
Closed

ANNOUNCING NORTERRA FAMILY MEDICINE -

FINALLY, A CHOICE FOR *Quality*

PRIMARY CARE SERVICES IN THE NORTH VALLEY!

Dr. Rebecca Weiss and Dr. Kristine Sarna are excited to announce the Grand Opening of their new office, Norterra Family Medicine, offering the highest quality of primary care services to the communities of the North Valley and Anthem.

We invite you to experience a new level of care - meeting all of your primary care needs under one roof, in a warm and welcoming atmosphere. Our office offers a comprehensive list of services for patients of all ages including:

- Annual physical exams
- Same day visits for acute care needs
- Wellness & Preventative Visits
- GYN services including Family Planning
- Care for Chronic Illnesses
- DOT Physicals
- Worker's Compensation cases
- Pediatric and Geriatric care



NORTERRA
FAMILY MEDICINE

Located directly next to Paradise Medspa & Wellness in Suite 173, Norterra Family Medicine will be accepting most major insurance carriers as well as fee-for-service accommodations.

We want all of our patients to feel comfortable and cared for during their visits with us. If this is the experience that you are looking for, please call us at 623.565.5060 to schedule a visit!

Join us for a Grand Opening Celebration of Norterra Family Medicine!

Wednesday, February 11th - 6 pm - 9 pm

Come tour our new office and meet our doctors and staff!

Refreshments will be served. RSVP is appreciated. 623.565.5060

OUR MEDSPA MEMBERS ARE SAVING MONEY WITH EACH VISIT....

so can you!!

Become a Medspa Member and you too will receive **10% OFF** on every visit to Paradise Medspa & Wellness. In addition to service savings, members will also receive **10% OFF** on all product purchases* as well as being the chosen as the first to try any new products or services offerings at our office!!

All of this for low price of only **\$99** per year!!

For more information about our membership options, please call our office at 602.266.8144.

*Member discount cannot be combined with other offers or discounts. Discount not valid on Sunrider Products.



LOSE WEIGHT AND

Feel Great!!



It is a New Year and time for a New You! Our Medically Supervised Weight Loss program focuses on losing body fat while maintaining lean muscle for optimal results. This 12 week program includes medical food supplements, essential oils, a low glycemic diet, and one on one coaching to improve your success. We also offer B12 and MIC injections as an adjunct as well as the Myer's IV cocktail to boost energy, metabolism and fat breakdown. Get started on the new Healthier Beautiful YOU!

Call us to schedule your consultation today!

WELCOME TO Paradise!!



In Her Own Words...

EXPERIENCES OF A PARADISE PATIENT: JACQUI M.

When I walked through the door of Paradise Medspa & Wellness, I had no idea how many wonderful changes I was going to undergo, both physically and mentally. I literally feel like a new woman - younger, fresher, and more confident. I enjoy looking in the mirror again.

After months of online searching, I stumbled upon Paradise Medspa. Though not a short drive for me, their website and several testimonials convinced me to make an appointment. I wanted to discuss a treatment to improve the texture and condition of my skin caused by aging and years of sun damage. I had been to several dermatologists through the years, but the options were always limited and results less than satisfactory.

At my first appointment, I was delighted by the serene atmosphere, greeted by Janet and made to feel so welcome. I then had a consultation with Dr. Weiss. Using a special camera, she identified the visible problem areas on my face as well as those hidden in the dermal layers below. We discussed my goals, expectations and several options to achieve them. Her professional, yet friendly manner was so comforting. Afterwards, I met with Monique for a chemical peel with Silkpeel dermal infusion. She was so sweet and careful to ensure I was comfortable, explaining the procedure in depth. My procedures have included Botox, Affirm laser and CO2 fractional treatments, Radiesse, and XPL photofacial. Whether administered by Dr. Weiss, Janet,



Monique, or Meredith, I always leave happy. Before finding them, I thought I would have to resort to cosmetic surgery to "turn back the clock." Instead, I have followed the suggestions of Dr. Weiss and couldn't be happier with my results. In the near future, I'm also planning to experience the "Wellness" side with Dr. Sarna to discuss several holistic treatments including acupuncture and bio-identical hormone therapies in order to achieve full body and health rejuvenation.

I recommend Paradise Medspa & Wellness to anyone wanting to feel better about their appearance and self esteem. I trust Dr. Weiss implicitly and always look forward to my little "trips to paradise". I haven't felt this good about myself in years.

INTRODUCING MEREDITH MORGAN - THE NEWEST MEMBER OF OUR TEAM AT PARADISE MEDSPA & WELLNESS!



Meredith Morgan

Originally from Mitchell, South Dakota, Meredith made her way to the Valley at the age of 21, leaving behind a flight attendant career. She graduated from Arizona State University in 2003, with a bachelor's degree in business communications.

After several years of a successful sales career with a lending company, Meredith was drawn to her true passion in the aesthetic industry. She then attended Imaj Clinical School of Sciences and Laser Institute in Scottsdale, AZ, where she earned her clinical aesthetics license and laser certification. In addition, Meredith has since been certified in oncology aesthetics, enabling her to serve cancer patients. She specializes in chemical peels, microdermabrasion, and customizing treatments and homecare based on each individual's needs. Meredith believes that beauty is much more than skin deep, and is committed to achieving each individual's personal success from the inside out.



MONTHLY *Specials*

February 2009

50% OFF Any SmartLipo LaserBodySculpting procedure

Chocolate and Roses Facial Treatment **ONLY \$95** (usually \$125) - Hydrate and plump your skin with wrinkle fighting antioxidants while pampering yourself in calorie-free chocolate bliss! Just in time for Valentine's Day!

Botox \$9.00/unit ALL month long!!

Get in the MOOD for Valentine's Day with **\$75 OFF** of our Bioidential Hormone Program!

10% OFF all Glo Mineral and Bliss Makeup Products!

March 2009

\$500 OFF of EACH BODY AREA treated with SmartLipo Laser Body Contouring!

Receive **10% OFF** of all Laser Hair Removal and Laser Vein Packages

Purify yourself with **\$85 OFF** of our Nutritional Detoxification Program!

10% OFF all SkinMedica Products!

April 2009

\$100 OFF syringes of Juvederm and Radiesse!

Rejuvenate for Spring with our Antioxidant Facial Treatment featuring the anti-aging power of MonaVie's Acai Berry - **ONLY \$95!**

Tap into your body's energy with **\$50 OFF** of our BioMeridian Analysis

10% OFF bottles of MonaVie!

It's *Spring Cleaning Time!*

Many cultures around the world encourage regular detoxification or cleanses to clear toxins that accumulate in the body that may cause of a variety of health problems. The body's ability to properly detoxify and remove these toxic compounds relies in large part on nutrition. At Paradise Medspa and Wellness we offer a gentle detoxification program that includes medical food and a specific diet to enhance your body's detoxification.

Have more energy, feel lighter, think clearer and increase your health and wellness with this amazing program!

EDUCATION AND EVENTS *in Paradise*

February 2009

FREE BIOMERIDIAN ANALYSIS DAY!! - Tuesday, February 17th from 1 pm - 6 pm by appointment! *For first-time patients only.

March 2009

WE LIVE IN A TOXIC WORLD! - Learn how to protect yourself with natural methods to stay healthy for years to come! This educational event will feature the many wonderful benefits of our Nutritional Detoxification Program, Acupuncture therapies, and BioMeridian analysis to determine exactly what your body needs to function more efficiently. Dr. Kristine Sarna, Medical Director of Paradise Wellness, will speak on these topics as well as providing an introduction to all of the Wellness enhancing tools available at our office! **Wednesday, March 11th, 6 pm - 9 pm**

FREE LASER HAIR REMOVAL DAY*!! - Thursday, March 26th from 10 am - 7 pm by appointment!! *For first-time patients only.

April 2009

Best EVER Botox Day!! Only \$8.50/unit*.ONE DAY ONLY!! Space is limited. Please call to reserve your spot! **Thursday, April 9th 10 am-7 pm**
*Cannot be combined with other specials or discounts.

All of our events are open to the public. Refreshments will be served at education sessions. Physician consultation is required prior to any laser or injectable service at our office. Please call Janet Fales at 602.266.8144 or email jfales@paradisemedspa.com for more information. Keep up to date on all of our specials and events by visiting us at www.paradisemedspa.com!



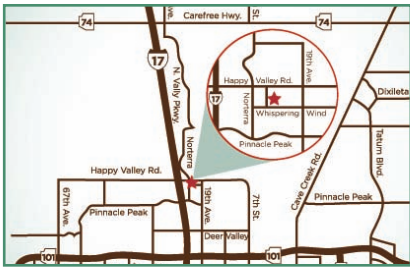
2060 W. Whispering Wind Drive
#170, Phoenix, AZ 85085

Phone:
602.266.8144

Fax:
602.266.9670

E-Mail:
jfales@paradisemedspa.com

Website:
www.paradisemedspa.com



Tips FOR HEALTHY LIVING

As we move into Spring it is a time for cleansing and renewal. Teas with antioxidants and catechins such as green tea, are particularly good to aid the body in detoxifying. Our Cali and Fortune Delight teas are a great source of these essential nutrients! The cruciferous vegetables including cabbage, broccoli, brussel sprouts and onions also contain nutrients helpful for detoxification. Finally, don't forget your berries! Blueberries are high in antioxidants important to prevent damage to the body by free radicals. Try our high antioxidant fruit beverage - Mona Vie, featuring the Acai berry - for the ultimate free-radical fighting cocktail!

RECEIVE

10% off

All gift certificate purchases!



PERFECT FOR
Valentine's Day
OR *Any Day!*

2060 W Whispering Wind Dr #170, Phoenix, AZ
602.266.8144 or www.paradisemedspa.com

*Must present coupon to receive special offer.
Expires 4/30/09.



2060 W Whispering Wind Dr
Suite 170
Phoenix AZ 85085

See you in Paradise!
DR. REBECCA WEISS & DR. KRISTINE SARNA