



Paradise Press

Paradise Medspa & Wellness • 2060 W. Whispering Wind Drive #170, Phoenix, AZ 85085 • ph 602.266.8144



Happy New Year from Paradise!

The physicians and staff of Paradise Medspa and Wellness would like to wish you all the best for the upcoming New Year!

We hope that 2010 brings you closer to reaching your potential for health and wellness. We all need support, especially in these tough times. We want you to consider us a partner and advocate for your personal transformation goals.

As always, we want to thank each and every one of you for making our business a success; we sincerely appreciate your patronage and referrals and will reward you with our on-going specials and referral bonuses as often as possible.

THANK YOU!

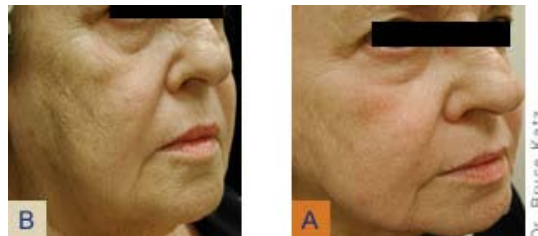
Office Hours:

- Tuesday
9 am – 6 pm
- Wednesday
10 am – 7 pm
- Thursday
10 am – 7 pm
- Friday
9 am – 6 pm
- Saturday
10 am – 2 pm
- Sunday & Monday
Closed

Reverse the Signs of Aging with Fractional Laser Technology!



Affirm Multiplex



SmartSkin Co2

Looking for a way to look younger without going under the knife? Look no further! Paradise Medspa and Wellness offers state-of-the-art fractional laser resurfacing technology! Options include both Cynosure's **Affirm Multiplex Laser** which smooths wrinkles and tightens skin with as little as 24 hours downtime, and Cynosure's new **SmartSkin CO2 Laser**, which can take 5 years of your appearance with as few as 1-2 treatments! Results with these technologies typically last up to 5 years after the treatment series is complete! The choice between the two laser treatments is based upon the degree of aging and sun damage as well as your need to limit the downtime or number of treatments necessary to achieve the optimum results. Both lasers offer amazing solutions to address wrinkles and skin laxity, but are also used to effectively treat acne scars and stretch marks! The SmartSkin CO2 can even be used to improve the appearance of sun spots and skin discoloration!

Treatment prices are extremely affordable; giving our patients a chance to benefit from **fractional technology at a fraction of the price** compared to other, similar, laser devices and is a wonderful alternative to invasive surgical options! If you feel that you may benefit from this type of treatment or desire additional information, please call our office today to schedule a consultation! **602.266.8144 or paradisemedspa.com**

Start the New Year off CLEAN with Detox!

Cultures all around the world practice detoxification or fasting in the search of enlightenment and a new beginning. In the US we likely carry the largest toxic burden and yet very few regularly cleanse the body from within. The most complete Detoxification is to provide the liver – our greatest detoxifying organ and the kidneys with the nutrients to do their job more efficiently while decreasing the caloric work load through fasting. At Paradise Medspa and Wellness we offer a 7, 10 and 28 day program to fit your personal needs. Symptoms such as fatigue, brain fog, joint pain, headaches and muscle pain may be symptoms of a high toxic burden. Visit our Paradise website and take the Detox test to see where you score! Start feeling better, lighter and renewed today!!



PEEL OFF THE EVIDENCE!

Curious about **chemical peels**?

Chemical peels are a fantastic way to improve the appearance of your skin – addressing anything from pigmentation problems, fine lines, and textural abnormalities to reducing acne breakouts. Chemical peels are the perfect option for the patient looking for a non-invasive method to give their skin a boost. Many peels result in no more than a few days of gradual skin sloughing, leaving the skin refreshed and vibrant!

Another great way to get your skin back in shape is with a **MICROPEEL** – this combines the benefits of our SilkPeel Dermalinfusion therapy with a mild chemical peel. The pairing of these two treatments gives patients a deeper treatment while minimizing downtime....Results? A BEAUTIFUL GLOW without a long peeling process!

Now THAT's Paradise!

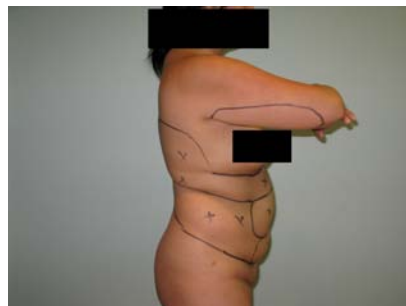


In Her Own Words....Experiences of a Paradise Patient

I was referred to Paradise Medspa & Wellness last spring for SmartLipo with VASER. During my initial consultation, Dr. Rebecca Weiss made me feel comfortable and was very informative. What was very important to me was that she gave honest opinions and didn't try to convince me to get work on other areas that I didn't bring up. This was my first experience with SmartLipo and I am very glad that I came here! I'm so pleased with the results, I love the way I look now. Dr Weiss is very talented, and she is such a warm and positive person.

One gets the feeling that all the staff is caring and genuine. They get to know you and really make you feel at ease. I have met Janet, Meredith, Monique and Danielle and they are all wonderful people that I feel I could not have done without! It's been such a positive experience- everything from how relaxing and pretty the office is, to the great people who work there, to the care that is given afterwards, to even the price! I never thought someone like me would be able to afford something like this but surprisingly, it was so affordable. I was actually driving about 50 miles each way to get there! I would gladly recommend Paradise Medspa to anyone, and I would never go anywhere else! C.F.

Before



After



Lose Weight and Look Great with our HCG Diet and SmartLipo Services!

At Paradise Medspa and Wellness we love to watch as our patients shed the pounds with our new **HCG Diet** program! Patients are looking better and feeling better than they have in years. The freedom and confidence that weight loss brings can be very liberating; however, many patients find that they still have certain body areas that do not respond as well to the weight loss process as desired. The **SmartLipo and VASER Body Contouring** systems are the perfect complement to your weight loss regimen and allow patients the opportunity to rid themselves of those stubborn areas of fat that no amount of dieting can address. Areas such as the outer thighs in women and the love handles in men can be easily targeted with these techniques making your total body transformation a success! We feel so strongly about how well these two services can work together to help you reach your goal for a slimmer, trimmer you, we are now offering significant discounts on BOTH services when booked together at our office! There is no better time to get the body you **DESERVE!** For more information or to set up a consultation for these services, call our office today!



Monthly Specials

January Specials - New Year, New You!

Erase the signs of aging with \$100 OFF Fractional CO2 and Affirm Laser Resurfacing Treatments all month long!

Want to ditch the razor in time for summer? Receive 10% OFF all Laser Hair Removal Packages!

RESOLVE to be WELL with \$250 OFF our Medically Supervised FLT Weight Loss Program designed to lose body fat while maintaining lean muscle!!

Losing those Holiday pounds is always easier with a BUDDY. Team up with a friend for our rapid weight loss program featuring HCG and take \$100 off per person.

February Specials - Fall In Love....With YOURSELF!

Get that pucker ready for Valentine's Day! Take \$100 OFF syringes of Juvederm Ultra and Ultra Plus with any Botox treatment in February!

Problem Skin? No Problem! Receive 50% OFF all PCA SKIN Chemical Peels this month only!

Get back into Balance with BioMeridian Analysis! This diagnostic tool demonstrates where your energetic meridians may be aided by nutrition, acupuncture or supplementation. This month only get \$50 off your initial reading!

Special Event! Thurs, Feb 4th at 6 pm – Wellness...What's in it for ME?!

Presented by Dr. Kristine Sarna, Director of Paradise Wellness and Norterra Family Medicine

Featuring discussions on the benefits of Acupuncture, BiIdentical Hormones, Detoxification, Adrenal Recovery, Medically-Supervised Weight Loss, and Nutritional Supplements!

Space is Limited. Call to reserve your spot for this **FREE** seminar today! **602.266.8144**

March Specials - March Madness!

Longing for Luscious Lashes?? Try Latisse for only \$89 all month long!!

Look Radiant with RADIESSE! Purchase 1 syringe this month and receive another for 1/2 price!!

Spring time is Detox time! Wondering if Detox is right for you? Visit our website to calculate your toxic burden then make your appointment to GET CLEAN and HEALTHY. Save \$50 off our 10 day Detox this month only!

Spring Body Contouring Special!

Receive 30% OFF your entire treatment price when you book 2 or more areas with any of our revolutionary body contouring services!

Valid on SmartLipo and VASER services only. Expires 3/31/10.

TIPS FOR HEALTHY LIVING



Exercise IS the Fountain of Youth!

Did you know that exercise has been shown to improve your skin, your hormones, and your muscle to fat ratio? The improved oxygen delivery and blood flow alone assist in regenerating cells and ridding the body of harmful toxins.

Aerobic exercises are the best if you want to lose weight around the waist. Great examples include activities like swimming, jogging or walking. Other kinds of work-outs, such as resistance and weight training are also great ways to increase muscle mass so that you can burn more calories!

So, get off the couch and do your skin and body a favor by exercising 30 to 60 minutes a day to start looking and feeling younger than ever!



Transform
Yourself
Today!

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Before

After

**Get the BODY you DESERVE
at a PRICE you can
AFFORD!**

From now through March
31st, all **SmartLipo** and
VASER Body Contouring
services are being
discounted by an
**AMAZING
30% OFF*!!**

Call today to book your
FREE CONSULTATION
With Dr. Weiss!

*with purchase of 2 or more areas

Receive 15% OFF
Of your next product
purchase!



Enjoy all that Paradise has to
offer!

2060 W. Whispering Wind #170, Phoenix, AZ
602.266.8144 or paradisemedspa.com

**Must present coupon to receive special offer. Cannot be
combined with other special offers or discounts. Expires
3/31/10.*



See you in Paradise!

Dr. Rebecca Weiss & Dr. Kristine Sarna

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