

Rebecca Weiss, D.O.
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AESTHETIC HEALTH INFORMATION QUESTIONNAIRE

Name: _____ Date: ___/___/___

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Cell: _____

Email: _____ DOB: ___/___/___

Emergency Contact: _____ Phone: _____

How did you hear about us? _____

Have you ever had any of the following conditions? (check all that apply)

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> AIDS | <input type="checkbox"/> chemotherapy | <input type="checkbox"/> infection (active) | <input type="checkbox"/> respiratory problems |
| <input type="checkbox"/> allergy/hay fever | <input type="checkbox"/> diabetes | <input type="checkbox"/> kidney disease | <input type="checkbox"/> shortness of breath |
| <input type="checkbox"/> anemia | <input type="checkbox"/> dizziness/fainting | <input type="checkbox"/> liver disease | <input type="checkbox"/> skin conditions |
| <input type="checkbox"/> arthritis/rheumatism | <input type="checkbox"/> drug or alcoholism | <input type="checkbox"/> lupus | <input type="checkbox"/> sinus problems |
| <input type="checkbox"/> asthma | <input type="checkbox"/> epilepsy | <input type="checkbox"/> melanoma | <input type="checkbox"/> swollen feet/ankles |
| <input type="checkbox"/> back problems/pain | <input type="checkbox"/> eye injury or disease | <input type="checkbox"/> mental disorder | <input type="checkbox"/> stroke |
| <input type="checkbox"/> bleeding problems | <input type="checkbox"/> headaches | <input type="checkbox"/> migraines | <input type="checkbox"/> thyroid problems |
| <input type="checkbox"/> blood disease | <input type="checkbox"/> heart disease | <input type="checkbox"/> mitral valve prolapse | <input type="checkbox"/> tuberculosis |
| <input type="checkbox"/> blood transfusion | <input type="checkbox"/> head injury | <input type="checkbox"/> nervous disorder | <input type="checkbox"/> ulcers |
| <input type="checkbox"/> bone or joint pain | <input type="checkbox"/> hepatitis | <input type="checkbox"/> nervousness | <input type="checkbox"/> varicose veins |
| <input type="checkbox"/> cancer | <input type="checkbox"/> high blood pressure | <input type="checkbox"/> radiation treatment | <input type="checkbox"/> venereal disease |

Allergies:

Medications: _____

Cosmetics: _____

Latex/Other: _____

List all current medications/supplements:

List other diseases/illnesses:

Primary Physician (Name and phone):

List all hospitalizations below:

Year: _____ Reason: _____

Year: _____ Reason: _____

Year: _____ Reason: _____

Date of last physical: _____

Pharmacy: _____

Location: _____

Phone: _____ Fax: _____

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Patient's Name: _____ Date: ___/___/___

WHAT MEDICAL AESTHETIC & WELLNESS PROCEDURES ARE YOU INTERESTED IN?

Medical Aesthetic Services:

- Complete Skin Rejuvenation Package
(includes Photo facial, Botox®/Dermal Fillers and Laser Resurfacing)
- Medical Aesthetic Consultation/Skin Analysis
- Botox®
- Dermal Fillers (Restylane®/Juvederm®)
- Laser Hair Removal
- Laser Skin Resurfacing & Rejuvenation
- XPL Photo Facials and Laser Facials
- LipoDissolve/Cellulite Treatment
- Laser Vein Removal
- Sclerotherapy
- Cosmelan Depigmentation Program
- Photodynamic Therapy (PDT) and LED
- Silkpeel® Dermalinfusion/microdermabrasion
- Chemical Peels & Micropeels

- Medical-grade Facial Treatments
- Laser Hair Restoration
- Permanent Makeup
- Skin Care Products and Mineral Make-up
- Anti-Aging Body Treatments
- Scalp and Full Body Acupuncture

Wellness Services:

- BioMeridian Stress Analysis
- Therapeutic Lifestyle Prog. (First Line Therapy)
- Cardiovascular Fitness Assessment
- Body Composition Analysis
- Nutraceutical Supplements by Metagenics
- Gentle Detoxification programs
- Therapeutic Massage Therapy
- Wellness Education Seminars
- Colonic & Lymphatic therapy
- Bio-identical Hormone therapy

Have you ever had/are currently using:

- | | | |
|------------------------------------|---|---|
| Retin-A Renova, any retinoic acid | Y | N |
| Accutane | Y | N |
| Prescription acne medication | Y | N |
| Birth control pills/patch | Y | N |
| Steroids | Y | N |
| Insulin/Diabetic medications | Y | N |
| Pregnant/Lactating? Due: _____ | Y | N |
| Cold Sore (<1 yr 1-3 yr 4+ yr) | Y | N |
| Fever blister (<1 yr 1-3 yr 4+ yr) | Y | N |

Previous Cosmetic Facial Treatments:

- | | | | |
|------------------------|---|---|-------------|
| Chemical peel | Y | N | Date: _____ |
| Botox® | Y | N | Date: _____ |
| Dermal Fillers | Y | N | Date: _____ |
| Tattoo/Perm Makeup | Y | N | Date: _____ |
| Facial Surgery | Y | N | Date: _____ |
| Microdermabrasion | Y | N | Date: _____ |
| Cellulite treatments | Y | N | Date: _____ |
| Laser treatments | Y | N | Date: _____ |
| Tanning (last 2 weeks) | Y | N | Date: _____ |

Your personal skin Type Evaluation:

- | | | | | | |
|----------------------|----------------------------------|-------------------------------------|---------------------------------------|--------------------------------------|--------------------------------|
| Skin Type: | <input type="checkbox"/> Normal | <input type="checkbox"/> Oily | <input type="checkbox"/> Dry | <input type="checkbox"/> Combination | <input type="checkbox"/> Other |
| Condition: | <input type="checkbox"/> Texture | <input type="checkbox"/> Sun Damage | <input type="checkbox"/> Acne/Oily | <input type="checkbox"/> Pigmented | <input type="checkbox"/> Other |
| Sunburn Sensitivity: | <input type="checkbox"/> Always | <input type="checkbox"/> Usually | <input type="checkbox"/> Occasionally | <input type="checkbox"/> Rarely | <input type="checkbox"/> Never |
- Specific areas of concern: _____

List any questions you have:

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YOUR PERSONAL WRINKLE EVALUATION (Glogau's Classification of Photo Aging Groups)			
<input type="checkbox"/> GROUP 1	<input type="checkbox"/> GROUP 2	<input type="checkbox"/> GROUP 3	<input type="checkbox"/> GROUP 4
<ul style="list-style-type: none"> Mild (28-35 yrs.) No keratoses Little wrinkling No scarring Little or no makeup 	<ul style="list-style-type: none"> Moderate (35-50 yrs) Early actinic keratoses (slight yellowing) Early wrinkling Parallel smile lines Mild scarring Little makeup 	<ul style="list-style-type: none"> Advanced (50-60 yrs) Actinic keratoses (obvious yellowing) Wrinkling-seen at rest Moderate acne scarring Wears makeup always 	<ul style="list-style-type: none"> Severe (60-75 yrs.) Actinic keratoses & skin cancers Wrinkling-cutis laxa gravitational/dynamic Severe acne scarring Wears caked makeup
Other Photo Aging Concerns: <ul style="list-style-type: none"> Anticoagulant medication and aspirin as it increases chance of bruising post-treatment Seizure disorders triggered by light Medications that may cause photosensitivity or medications within or above wavelength range (e.g. non-steroidal anti-inflammatory products) 			

FITZPATRICK CLASSIFICATION FOR SKIN TYPES			
SKIN TYPE	COLOR	UV REACTION	REACTION TO SUN
<input type="checkbox"/> TYPE I	caucasian; blond/red hair, freckles, fair skin, blue eyes	Very sensitive	Always burns easily, never tans, very fair skin tone
<input type="checkbox"/> TYPE II	Caucasian; blond/red hair, freckles, fair skin, blue/green eyes	Very sensitive	Usually burns easily, tans with difficulty, fair skin tone
<input type="checkbox"/> TYPE III	Darker Caucasian, light asian	Sensitive	Burns moderately, tans gradually, fair to medium skin tone
<input type="checkbox"/> TYPE IV	Mediterranean, Asian, Hispanic	Moderately sensitive	Rarely burns, always tans well, medium skin tone
<input type="checkbox"/> TYPE V	Middle eastern, Latin, light skinned African-American, Indian	Minimally sensitive	Very rarely burns, tans very easily, olive or dark skin tone
<input type="checkbox"/> TYPE VI	Dark skinned African-American	Least sensitive	Never burns, deeply pigmented, very dark skin tone

GENETIC DISPOSITION: SCORE					
SCORE	0	1	2	3	4
Natural Eye Color	<input type="checkbox"/> Lt. Blue, Green or Gray	<input type="checkbox"/> Blue, Gray, or Green	<input type="checkbox"/> Blue	<input type="checkbox"/> Dark Brown	<input type="checkbox"/> Brownish Black
Natural Hair Color	<input type="checkbox"/> Sandy, Red	<input type="checkbox"/> Blond	<input type="checkbox"/> Chesnut/ Dark Blond	<input type="checkbox"/> Dark Brown	<input type="checkbox"/> Black
Unexposed Skin Color	<input type="checkbox"/> Reddish	<input type="checkbox"/> Very Pale	<input type="checkbox"/> Pale with Beige Tint	<input type="checkbox"/> Light Brown	<input type="checkbox"/> Dark Brown
Unexposed freckles?	<input type="checkbox"/> Many	<input type="checkbox"/> Several	<input type="checkbox"/> Few	<input type="checkbox"/> Incidental	<input type="checkbox"/> None

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REACTION TO SUN EXPOSURE: SCORE					
SCORE	0	1	2	3	4
When you stay too long in sun?	<input type="checkbox"/> Painful, redness, blistering, peeling	<input type="checkbox"/> Blistering, followed by peeling	<input type="checkbox"/> Burn, sometimes peel	<input type="checkbox"/> Rarely burn	<input type="checkbox"/> Never burn
To what degree do you brown?	<input type="checkbox"/> Hardly or not at all	<input type="checkbox"/> Light color tan	<input type="checkbox"/> Reasonably tan	<input type="checkbox"/> Tan very easily	<input type="checkbox"/> turn dark brown quickly
Brown in several hours of sun exposure?	<input type="checkbox"/> Never	<input type="checkbox"/> Seldom	<input type="checkbox"/> Sometimes	<input type="checkbox"/> Often	<input type="checkbox"/> Always
How does your face react to the sun?	<input type="checkbox"/> Very Sensitive	<input type="checkbox"/> Sensitive	<input type="checkbox"/> Normal	<input type="checkbox"/> Very resistant	<input type="checkbox"/> Never had a problem

TANNING HABITS: SCORE					
SCORE	0	1	2	3	4
When did you last expose yourself to sun, tanning booth/cream?	<input type="checkbox"/> More than 3 months ago	<input type="checkbox"/> 2-3 months ago	<input type="checkbox"/> 1-2 months ago	<input type="checkbox"/> Less than one month ago	<input type="checkbox"/> Less than 2 weeks ago
Has area to be treated had sun exposure?	<input type="checkbox"/> Never	<input type="checkbox"/> Hardly ever	<input type="checkbox"/> Sometimes	<input type="checkbox"/> Often	<input type="checkbox"/> Always

SCORING	
Genetic Disposition:	
Reaction to Sun Exposure:	
Tanning Habits:	
TOTAL SCORE:	

YOUR FITZPATRICK SKIN TYPE	
0-7 Skin type score	I
8-16 Skin type score	II
17-25 Skin type score	III
25-30 Skin type score	IV
30+ Skin type score	V-VI

Patient's Signature: _____ Date: ___ / ___ / ___

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PARADISE MEDSPA & WELLNESS
CHECK, CANCELLATION & CREDIT CARD FILE POLICY

Paradise Medspa & Wellness accepts the following forms of payment for services and products at our office: Cash, Credit Card (Visa/Mastercard/Discover/American Express), Cashier's Checks, Money Orders, Care Credit, or Debit Cards that have Credit option. Checks are **not accepted** as a form of payment at our office unless the check is being used as a prepayment for future services scheduled more than 2 weeks from the date of receipt.

It is our policy to require a 24 hour notice of cancellation for a scheduled appointment. In the event that you must cancel your appointment with less than a 24 hour notice, we will assess a cancellation fee of \$65.

By signing this form, you are agreeing to our cancellation policy and to the \$65 fee for less than 24 hours notice or "no show."

Signature of Patient

Date

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AUTHORIZATION TO RELEASE AND DISCLOSE PHOTOGRAPHS

This photographic release pertains to photographs taken during the following treatment:

I, _____ (Print name), voluntarily consent to the Copyright, publication, and use of my picture and likeness by Paradise Medspa & Wellness, PLLC; affiliates, successors, and assignees.

By signing this form, I am allowing Paradise Medspa & Wellness, PLLC, affiliates, successors and assignee to disclose photographs taken of me before, during and after treatment.

Please initial either yes or no on each line:

For research, educational informational purposes:	Yes: _____	No: _____
For publications in a medical journal and / or textbook:	Yes: _____	No: _____
For general advertising, publicity, or promotional purposes:	Yes: _____	No: _____

I hereby release Paradise Medspa & Wellness, PLLC from any claim demand, cause, action, or proceeding of whatever nature arising out of publication and distribution of the said photographs in accordance with the terms of this release. This release also includes affiliates, successors, and assignees of Paradise Medspa & Wellness, PLLC to disclose photographs of me at any time by sending a letter to Dr. Rebecca Weiss (or other official representative) telling them not to disclose photographs of me to affiliates, successors, or assignees of Paradise Medspa & Wellness, PLLC. If I send a letter saying that I revoke my authorization, they will agree not disclose any more photographs of me after he or she receives this letter. However, any photographs disclosed prior to his or her receipt of the letter will not be able to be revoked or returned.

I understand that once my photographs have been disclosed to Paradise Medspa & Wellness, PLLC, affiliates, successors and assignees, the photographs will no longer be protected by federal privacy laws. However, Paradise Medspa & Wellness, PLLC, affiliates, successors and assignees will not use the photographs except as permitted on this authorization form. I understand that I will be given a signed copy of this form.

I hereby release Paradise Medspa & Wellness, PLLC; it's affiliates, successors and assignees, from any claim demand, cause, action, or proceeding of whatever nature arising out of publication and distribution of the said photographs in accordance with the terms of the authorization.

Print Name

Signature

Date

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This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

This Notice of Privacy Practices describes how we may use and disclose your protected health information (PHI) to carry out treatment, payment or health care operations (TPO) and for other purposes that are permitted or required by law. It also describes your rights to access and control your protected health information. "Protected health information" is information about you, including demographic information, that may identify you and that relates to your past, present or future physical or mental health or condition and related health care services.

1. Uses and Disclosures of Protected Health Information

Uses and Disclosures of Protected Health Information.

Your protected health information may be used and disclosed by your physician, our office staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you to pay your health care bills, to support the operation of the physician's practice, and any other use required by law.

Treatment: We will use and disclose your protected health information to provide, coordinated, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, we would disclose your protected health information, as necessary, to a home health agency that provides care to you. For example, your protected health information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

Payment: Your protected health information will be used, as needed, to obtain payment for your health care services. This may include certain activities that your health insurance plan may undertake before it approves or pays for the health care services we recommend for you such as; making a determination of eligibility or coverage for insurance benefits, reviewing services provided to you for medical necessity and undertaking utilization review activities. For example, obtaining approval for a hospital stay may require that our relevant protected health information be disclosed to the health plan to obtain approval for the hospital admission.

Healthcare Operations: We may use or disclose, as needed, your protected health information in order to support the business activities of your physician's practice. These activities include, but are not limited to, quality assessment activities, employee review activities, training of medical students, licensing, and conducting or arranging for other business activities. For example, we may disclose your protected health information to medical school students that see patients at our office. In addition, we may use a sign-in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by name in the waiting room when your physician is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you of your appointment.

We may use or disclose your protected health information in the following situation without your authorization. These situations include: as Required By Law, Public Health issues as required by law, Communicable Diseases: Health Oversight: Abuse or Neglects: Food and Drug Administration requirement: Legal Proceedings: Law Enforcement: Coroners, Funeral Directors, and Organ Donation: research: Criminal Activity: Military Activity and National Security: Workers' Compensation: Inmates: Required Uses and Disclosures: Under the law, we must make disclosures to you and when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirement of Sections 164.500.

We will share your protected health information with third party "business associates" that perform various activities (e.g., billing) for the clinic. Whenever an arrangement between our office and a business associate involves the use or disclosure of your protected health information we will have a written contract that contains terms that will protect the privacy of your protected health information.

We may use or disclose your protected health information as necessary to provide you with information about treatment alternatives or other health-related benefits and services that may be of interest to you. We may also use and disclose your protected health information for other marketing activities. For example, your name and address may be used to send you information about products or services that we believe may be beneficial to you. You may contact our Privacy Contact to

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request that these materials not be sent to you. **Other Permitted and Required Uses and Disclosures Will Be Made Only With Your Consent, Authorization Or Opportunity To Object Unless Required By Law**

You may revoke this authorization, at any time, in writing, except to the extent that your physician or the physician's practice has taken an action in reliance on the use or disclosure indicated in the authorization.

Your Rights

Following is a statement of your rights with respect to your protected health information.

You have the right to inspect and copy your protected health information. This means you may inspect and obtain a copy of protected health information about you that is contained in a designated record set for as long as we maintain the protected health information. A **“designated record set”** contains medical and billing records and any other records that your physician and the practice uses for making decisions about you. Under federal law, however, you may not inspect or copy the following records; psychotherapy notes; information compiled in reasonable anticipation of, or use in, a civil, criminal, or administrative action or proceeding, and protected health information that is subject to law that prohibits access to protected health information.

You have the right to request a restriction or your protected health information. This means you may ask us not to use or disclose any part of your protected health information for the purposes of treatment, payment or healthcare operations. You may also request that any part of your protected health information not be disclosed to family members or friends who may be involved in your care or for notification purposes as described in the Notice of Privacy Practices. Your request must state the specific restriction requested and to whom you want the restriction to apply.

Your physician is not required to agree to a restriction that you may request. If the physician believes it is in your best interest to permit use and disclosure of your protected health information, your protected health information will not be restricted. You then have the right to use another Healthcare Professional.

You have the right to request to receive confidential communications from us by alternative means or at an alternative location. We will accommodate reasonable requests. We may also condition the accommodation by asking you for information as to how payment will be handled or specification of an alternative address or other method of contact. We will not request and explanation for you as to the basis for the request. Please make this request in writing to our Privacy Contact.

You have the right receive an accounting of certain disclosures we have made, if any, of your protected health information. This right applies to disclosures for purposes other than treatment, payment or healthcare operations as described in the Notice of Privacy Practices.

We are required to abide by the terms of this Notice of Privacy Practices. We may change the terms of our notice at any time. The new notice will be effective for all protected health information that we maintain at this time. Upon your request, we will provide you with any revised Notice of Privacy Practices by calling the office and requesting that a revised copy be sent to you in the mail or asking for one at the time of your next appointment.

Complaints

You may complain to us or to the Office of Civil Rights if you believe your privacy right have been violated by us. You may file a complaint with us by notifying our privacy contact of your complaint. We will not retaliate against you for filing a complaint. You may obtain the address of the OCR Regional Manager, from our privacy officer.

This notice was published and becomes effective on/or before **12/20/2007**.

We are required by law to maintain the privacy of, and provide individuals with this notice of our legal duties and privacy practices with respect to protected health information. If you have any objections to the form, please ask to speak with our HIPPA Compliance Officer in person or by phone.

Signature below is only acknowledgement that you have received this Notice of our Privacy Practices:

Patient's Name: _____ Date: ____ / ____ / ____