



BIO-IDENTICAL HORMONE REPLACEMENT QUESTIONNAIRE

1. Are you taking hormone replacement therapy now? Yes No
If so, which products and for how many years? _____
2. Did you have any bothersome effects from your therapy? Yes No
If so, what were they? _____
3. Have you ever uses oral contraceptives? Yes No
If "yes", any problems? _____
4. Have you had a hysterectomy? Yes No
If yes, when? _____
Did they remove the ovaries? Yes No
5. Have you had a tubal ligation? Yes No
6. Do you have irregular bleeding? Yes No
If so, please describe. _____
7. Do you have a family history of:
Uterine Cancer Ovarian Cancer Stroke
Heart Attack Osteoporosis Blood Clots
Liver Problems Thyroid Disease Diabetes
High cholesterol High Blood Pressure
8. Has your mother, aunts on your mother's side, or sisters had Breast Cancer? Yes No
Please specify who and at what age they were diagnosed.

9. When was the date of your most recent:
Mammogram _____ Pap Smear _____ Dexa Scan _____
10. What was your most recent lab values:
Total cholesterol _____ Triglycerides _____ HDL _____
LDL _____ TSH _____

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BIO – IDENTICAL HORMONE PROGRAM

Have you experienced any of the following symptoms recently? Please circle the number that best describes your experiences, with one being **Extremely Mild** and ten being **Extremely Severe**...

Sleep Disruptions	1	2	3	4	5	6	7	8	9	10
Fatigue	1	2	3	4	5	6	7	8	9	10
Vaginal Dryness	1	2	3	4	5	6	7	8	9	10
Nervousness/Irritability	1	2	3	4	5	6	7	8	9	10
Breast Tenderness	1	2	3	4	5	6	7	8	9	10
Hot Flashes/Night Sweats	1	2	3	4	5	6	7	8	9	10
Bruising	1	2	3	4	5	6	7	8	9	10
Mood Swings	1	2	3	4	5	6	7	8	9	10
Joint Pain	1	2	3	4	5	6	7	8	9	10
Loss of Memory/Difficult Concentrating	1	2	3	4	5	6	7	8	9	10
Weight Gain	1	2	3	4	5	6	7	8	9	10
Decreased Sex Drive	1	2	3	4	5	6	7	8	9	10
Depression	1	2	3	4	5	6	7	8	9	10
Fluid Retention	1	2	3	4	5	6	7	8	9	10
Headaches	1	2	3	4	5	6	7	8	9	10
Hair Loss	1	2	3	4	5	6	7	8	9	10
Bladder Symptoms	1	2	3	4	5	6	7	8	9	10
Yeast Infections	1	2	3	4	5	6	7	8	9	10
Urinary Tract Infections	1	2	3	4	5	6	7	8	9	10
Heart Palpitations	1	2	3	4	5	6	7	8	9	10